



# Beauty



Get the look

## Cat Deeley

She adds hints of coral and bronze to enhance her fair complexion

**Top tip!**  
If you want to add a bit more definition to your cheeks, use highlighter along your cheekbone.

- 1 Cat's skin is flawless, but if you're not as lucky, use a concealer stick, such as The Body Shop's Flawless Skin Concealer, to hide imperfections.
- 2 To get Cat's bronzed look, add a little Maybelline Dream Sun Glow to your foundation or moisturiser.
- 3 Finish with lipgloss, such as Clarins Gloss Appeal, and mascara, such as Max Factor Masterpiece Waterproof Mascara.



Clarins Gloss Appeal in Hibiscus, £12



Max Factor Masterpiece Waterproof Mascara in Black, £8.99



Maybelline Dream Sun Glow Bronzing Booster, £7.99



The Body Shop Flawless Skin Concealer, £10



Vivienne Westwood Let It Rock Eau de Parfum, £29.50 for 30ml



Makebelieve Night Time Facial Soft Tan Moisturiser, £25



Ren Glycolactic Skin Renewal Peel Mask, £30



Ellaie Nail Polish in Salsa, £4



Newvd i-blush, £18



## TREATMENT OF THE WEEK

The Titanic Spa, Huddersfield. If you need to get away from it all, head to the Titanic Spa. Set at the foot of the Pennines in an old textile factory, you can't help but feel relaxed the minute you arrive. The range of therapies is huge, but if you want to try something different, opt for a massage in the mist chamber. Up to four people can have the treatment at once, and you start by slathering yourself in mud while the chamber fills up with steam. Then, after 20 minutes, water falls like rain and washes the mud off. Sound like fun? The spa's luxury spa room makes it so simple as you wait to leave - no getting the train now. For more info, visit [www.titanicspa.com](http://www.titanicspa.com)

## TESTED BY love it! Body washes

Olay Body Wash Plus Cream Ribbons, £3.49

This is the best body wash I've ever used. It made lots of bubbles, smells lovely and left my skin so soft I didn't need a moisturiser.



5/5

Dove Beauty Care Body Wash Cream Oil, £2.99

Another great product from Dove. It left my skin feeling nicely moisturised, and it really lathered up beautifully.



4/5

Nivea Happy Time Shower Cream, £1.79

This has a yummy citrus smell that woke me up and left my skin feeling fresh and soft.



4/5

Johnson's Dreamy Skin Bodywash, £2.59

This smells gorgeous and, as it's a sleep-enhancing shower gel, I used it before bed - and I slept like a baby!



5/5

Available: The Body Shop 1160 84 85L, [www.thebodyshop.co.uk](http://www.thebodyshop.co.uk); Clarins 0800 026 2028; Ellaie available from Superdrug; Makebelieve available from Boots, Selfridges and [www.makebelievebody.com](http://www.makebelievebody.com); Newvd available from selected Debenhams stores and [www.newvd.co.uk](http://www.newvd.co.uk); Ren [www.ren.co.uk](http://www.ren.co.uk); Vivienne Westwood available from Debenhams, Harvey Nichols and 1 House of Fraser; Dove, Johnson's, Max Factor, Maybelline, Nivea and Olay available nationwide.